



Intaka Island™
The natural heart of the city

JANUARY 2026



HELLO JUNIOR EXPLORERS!

With National Bird Day celebrated in January, we are dedicating this activity book to the many birds who call Intaka Island home.



**Chirp-chirp! Can you hear that?
Nature is calling.**

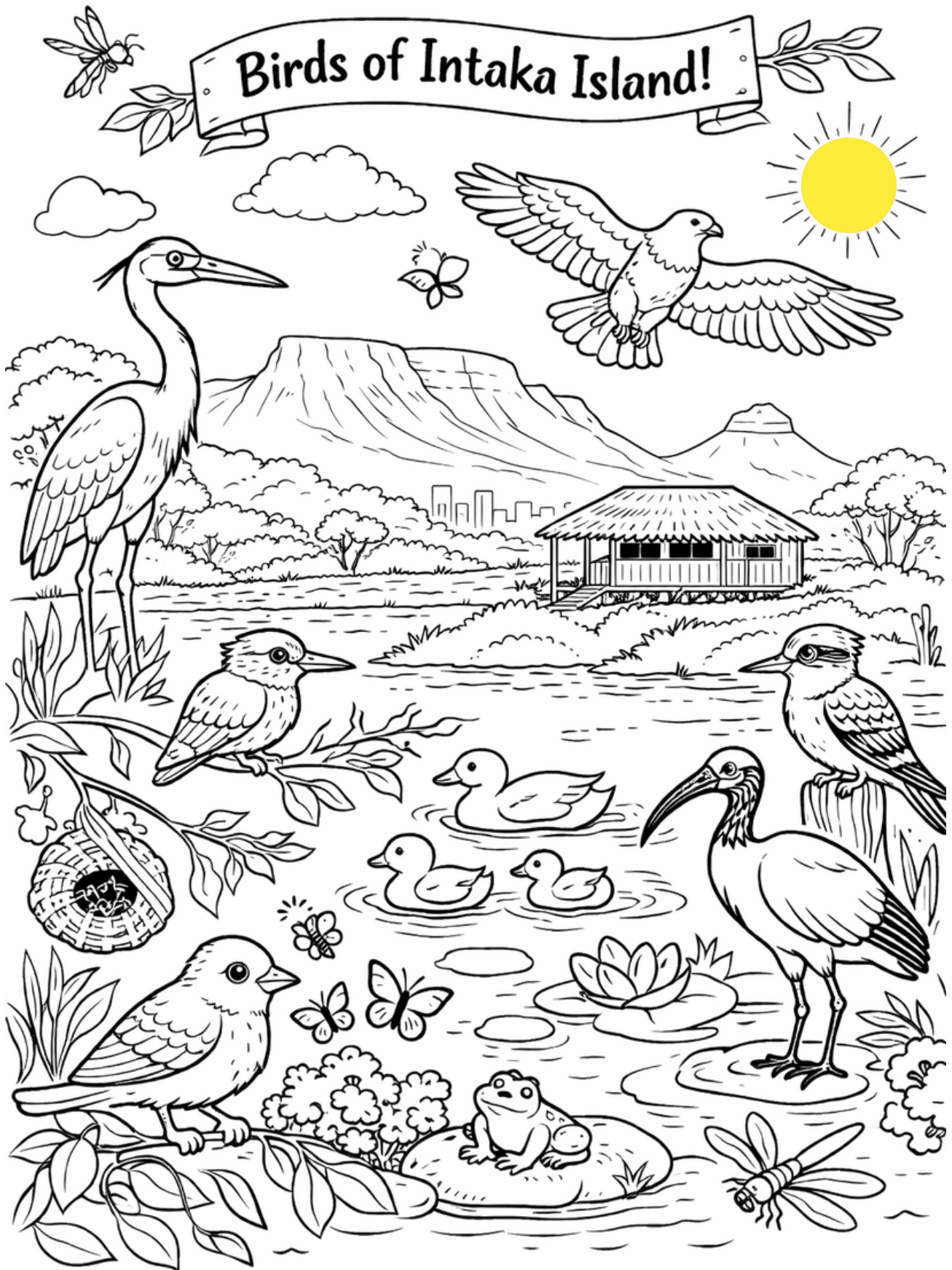
**From tiny garden birds to mighty
soarers, our feathered friends are
full of secrets, skills and surprises.**

**Grab your imagination and your
explorer gear because today, you're
joining the Kids Club Flight Squad!**



COLOURING IN TIME

Grab your crayons and colour in the picture.
How many birds can you count?





DID YA KNOW?

Fun bird facts!

THE FASTEST ANIMAL ON EARTH IS A BIRD

The peregrine falcon is the fastest animal on Earth and can dive at speeds of over 320 km/h.

BIRDS ARE THE ONLY ANIMALS WITH FEATHERS

Feathers help birds fly, stay warm, and sometimes even camouflage.

SOME BIRDS CAN SLEEP STANDING UP

Flamingos can balance on one leg while resting, even when they're really tired.

OWLS CAN TURN THEIR HEADS SUPER FAR

Owls can rotate their heads up to about 270 degrees, which helps them look around without moving their bodies much.

BIRDS DON'T HAVE TEETH

Instead of teeth, birds have beaks, and different beak shapes are made for different kinds of food.

BIRDS USE SONGS AND CALLS TO TALK

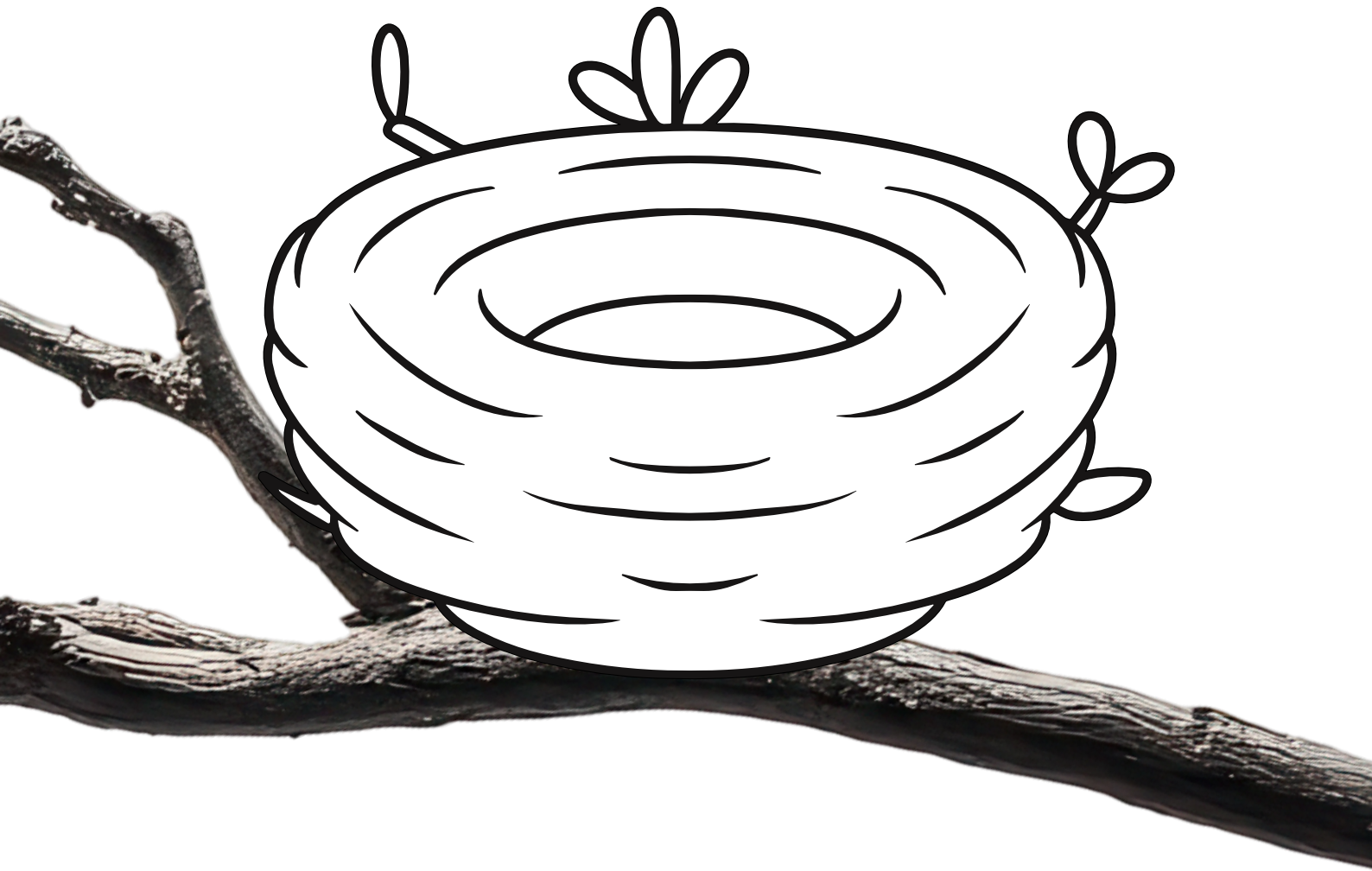
Bird sounds can mean lots of things like "Hello," "Stay away," or "Danger!"

BIRDS KEEP NATURE HEALTHY

They spread seeds, eat insects, and help plants grow, which makes them important helpers in the environment.

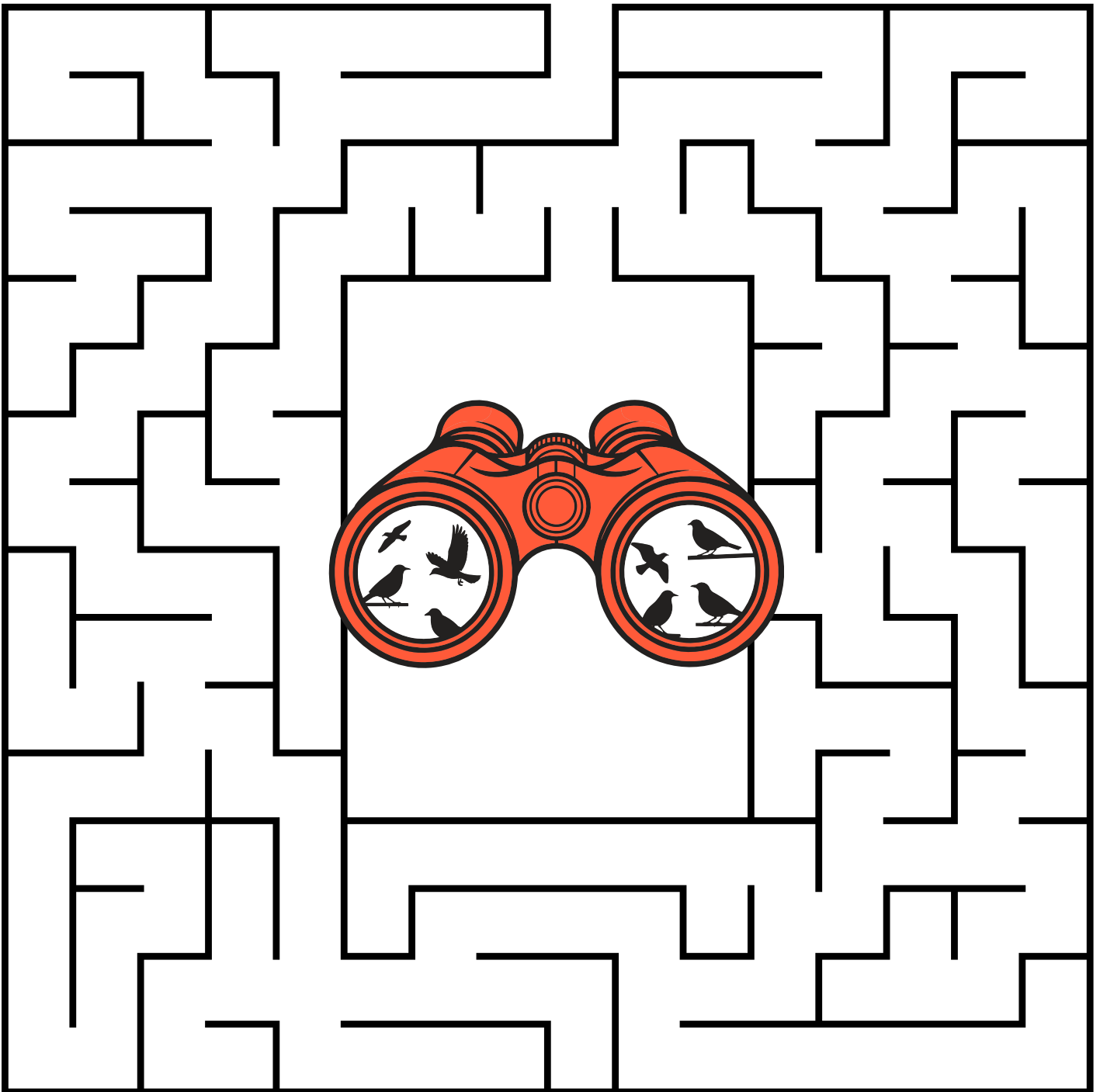
HATCHLINGS

Mom has been very busy keeping her eggs warm and safe. She is so excited that they have just hatched!
Can you draw two baby birds in the nest below?



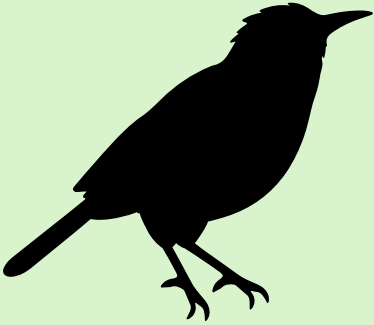
I SPY AN A-MAZE-ING ADVENTURE!

Find your way to the binoculars.



WHO AM I?

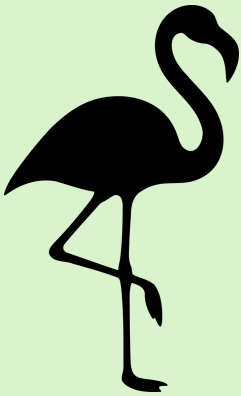
Match the bird to their silhouette



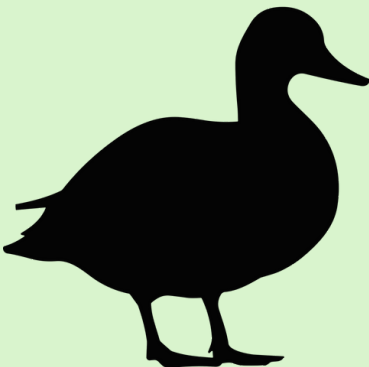
DUCK



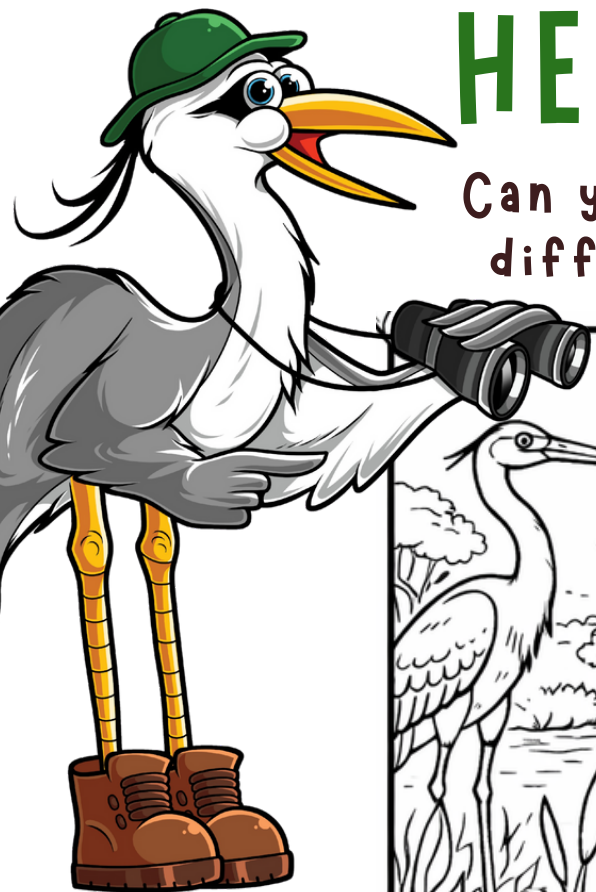
WEAVER



HERON

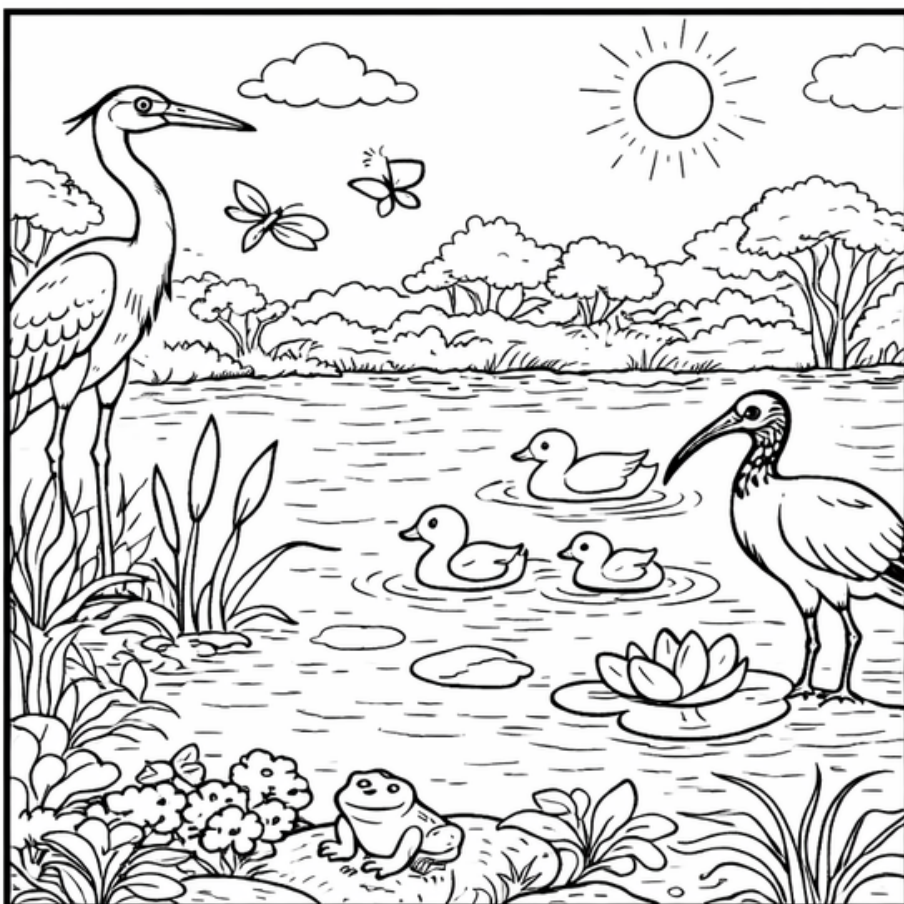


FLAMINGO



HELP!

Can you help Captain Feathers spot 3 differences in the pictures below?



BIRD CALL CHALLENGE

At dawn or dusk, stand outside or at a window and listen out for bird calls.

Can you hear the hadeda ibis or a cape robin? Maybe a thrush?

How many different birds can you hear?

Take note of the sounds and try to figure out what bird is calling.

Write down the birds you hear below:

